

BALKAN RECORDS - WOMEN*Balkan Masters Athletics Alltimes Indoor Records**Updated at 05.12.2019**Updated by Ivan Puksar, Daniel Marinescu*

Event	Impl.	Categ	Result	Name / Surname	Country	Birth Date	Date	Location	Meeting Name	Observations
60m		F35	7.23	Maria TSONI	GRE	01.03.1963	01.02.1998	Athens, GRE	Greek seniors meeting	
60m		F40	7.17	Merlene OTTEY	SLO	10.05.1960	07.03.2003	Linz, AUT	International meeting	
60m		F45	7.30	Merlene OTTEY	SLO	10.05.1960	09.02.2007	Leipzig, GER	International meeting	
60m		F50	8.54	Renata NOVOSEL	CRO	28.11.1967	02.03.2019	Istanbul	BAMACI	
60m		F55	9.46	Branka GRAIC	CRO	27.07.1956	10.03.2012	Rijeka, CRO	Croatian masters championships	
60m		F60	9.2	Yukselen KABADAYI	TUR	02.05.1938	13.01.2000	Athens, GRE	Greek masters Championships	
60m		F65	9.8	Rozka STANCHEVA	BUL	02.05.1932	23.02.2002	Sofia, BUL	Bulgarian masters championships	
60m		F70	10.3	Rozka STANCHEVA	BUL	02.05.1932	21.02.2004	Sofia, BUL	Bulgarian masters championships	
60m		F75	11.96	Ayse CICEK SOLON	TUR	06.04.1943	02.03.2019	Istanbul, TUR	BAMACI	
60m		F80	12.57	Maria ENE	ROU	24.11.1928	02.03.2019	Istanbul, TUR	BAMACI	
60m		F90	16.81	Elena PAGU	ROU	25.07.1926	27.03.2019	Torun, POL	WMACI	
200m		F35	24.88	Monica GACHEVSKA	BUL	30.01.1974	27.02.2010	Sofia, BUL	International student cup	
200m		F40	23.93	Merlene OTTEY	SLO	10.05.1960	28.01.2003	Vienna, AUT	International meeting	
200m		F45	27.76	Renata NOVOSEL	CRO	28.11.1967	31.03.2016	Ancona, ITA	European masters championships	
200m		F50	28.17	Renata NOVOSEL	CRO	28.11.1967	28.02.2018	Zagreb, CRO	Croatian seniors meeting	
200m		F55	30.61	Zvonka BLATNIK	SLO	19.03.1961	01.04.2016	Ancona, ITA	European masters championships	
200m		F60	33.97	Branka GRAIC	CRO	27.07.1956	11.03.2018	Belgrade, SRB	Balkan Masters championships	
200m		F65	37.41	Ana JERMAN	SLO	23.04.1952	23.02.2019	Novo Mesto, SLO	Slovenian masters championship	
200m		F70	41.47	Jozica ROGELJ	SLO	16.02.1947	23.02.2019	Novo Mesto, SLO	Slovenian masters championship	
200m		F75	43.29	Olimpiada RADU	ROU	05.01.1937	09.03.2013	Bucharest, ROU	Romanian masters championships	
200m		F80	44.16	Maria ENE	ROU	24.11.1938	03.03.2019	Istanbul, TUR	BAMACI	
200m		F85	1:17.15	Veronica NEGREANU	ROU	06.11.1930	13.03.2016	Bucharest, ROU	Balkan masters championships	
400m		F35	55.55	Eleftheria PAPAPOULOU	GRE	27.10.1970	20.02.2005	Athens, GRE	International meeting	
400m		F40	59.23	Anastasia THOMAIDOU	GRE	30.01.1978	10.02.2018	Athens, GRE	Greek seniors championships	
400m		F45	64.22	Renata NOVOSEL	CRO	28.11.1967	27.03.2014	Budapest, HUN	World masters championships	
400m		F50	67.95	Zvonka BLATNIK	SLO	19.03.1961	05.04.2012	Jyvaskyla, FIN	World masters championships	
400m		F55	68.61	Zvonka BLATNIK	SLO	19.03.1961	03.04.2016	Ancona, ITA	European masters championships	
400m		F60	1:24.31	Verica DISIC	SRB	04.12.1956	10.03.2018	Belgrade, SRB	Balkan masters championships	
400m		F65	1:41.96	Aysel YILDIZ	TUR	29.08.1951	24.02.2018	Istanbul, TUR	Turkish masters championships	
400m		F70	1:35.82	Jozica ROGELJ	SLO	16.02.1947	02.03.2019	Istanbul, TUR	BAMACI	
400m		F75	1:38.89	Maria ENE	ROU	24.11.1938	12.03.2016	Bucharest, ROU	Balkan masters championships	
400m		F80	1:42.50	Maria ENE	ROU	24.11.1938	02.03.2019	Istanbul, TUR	BAMACI	
400m		F85	2:59.74	Veronica NEGREANU	ROU	06.11.1930	08.04.2017	Bucharest, ROU	Romanian masters championships	

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400m		F90	4:19.38	Despina PETRE	ROU	01.09.1921	18.03.2012	Bucharest, ROU	Romanian masters championships	
800m		F35	2:00.81	Violeta SZEKELY	ROU	23.03.1965	06.02.2000	Bucharest, ROU	Romanian seniors championships	
800m		F40	2:17.95	Anastasia THOMAIDOU	GRE	30.01.1978	11.02.2018	Athens, GRE	Greek seniors championships	
800m		F45	2:24.05	Ileana BERES	ROU	30.11.1961	23.03.2007	Helsinki, FIN	European masters championships	
800m		F50	2:38.52	Ileana BERES	ROU	30.11.1961	18.03.2012	Bucharest, ROU	Romanian masters championships	
800m		F55	2:52.8	Gul AKBAS	TUR	01.01.1937	08.03.1992	Izmir, TUR	Turkish masters championships	
800m		F60	3:17.38	Marcela PACRITA	ROU	20.06.1954	12.03.2016	Bucharest, ROU	Balkan masters championships	
800m		F65	3:33.32	Maria POP	ROU	15.06.1949	13.03.2016	Bucharest, ROU	Balkan masters championships	
800m		F70	3:31.41	Maria ENE	ROU	24.11.1938	13.03.2011	Bucharest, ROU	Romanian masters championships	
800m		F75	3:59.29	Maria ENE	ROU	24.11.1938	08.03.2015	Bucharest, ROU	Romanian masters championships	
800m		F80	5:32.43	Birsen INAN	TUR	29.10.1937	03.03.2019	Istanbul, TUR	BAMACI	
1500m		F35	4:03.61	Violeta SZEKELY	ROU	23.03.1965	15.02.2001	Stockholm, SWE	International meeting	
1500m		F40	4:54.92	Ileana BERES	ROU	30.11.1961	01.03.2003	Bacau, ROU	Romanian masters championships	
1500m		F45	5:00.36	Ileana BERES	ROU	30.11.1961	22.03.2007	Helsinki, FIN	European masters championships	
1500m		F50	5:40.30	Ileana BERES	ROU	30.11.1961	12.03.2016	Bucharest, ROU	Balkan masters championships	
1500m		F55	5:41.75	Ileana BERES	ROU	30.11.1961	08.04.2017	Bucharest, ROU	Romanian masters championships	
1500m		F60	6:43.0	Kipra DANAILOVA	BUL	29.08.1935	1996	Sofia, BUL		
1500m		F65	7:31.57	Semra Emine HERGULMAN	TUR	17.01.1950	11.03.2017	Istanbul, TUR	Turkish masters championships	
1500m		F70	7:05.60	Jozefa ROGELJ	SLO	16.02.1947	02.03.2019	Istanbul, TUR	BAMACI	
1500m		F75	9:04.08	Despina PETRE	ROU	01.09.1921	07.03.1998	Bucharest, ROU	Romanian masters championships	
1500m		F80	11:25.09	Lucia RADU	ROU	30.01.1932	15.02.2013	Bucharest, ROU	Romanian masters championships	
3000m		F35	8:43.49	Maricica PUICA	ROU	29.07.1950	27.02.1987	New York, U.S.A	International meeting	
3000m		F40	10:17.35	Spiridoula SOUMA	GRE	27.04.1965	17.03.2008	Clermont Ferrand, FRA	World masters championships	
3000m		F45	11.36.67	Katarina KOKAN	CRO	06.03.1971	01.02.2020	Zagreb,CRO	Croatian senior championships	
3000m		F50	12:08.65	Ileana BERES	ROU	30.11.1961	13.03.2016	Bucharest, ROU	Balkan masters championships	
3000m		F55	12:43.27	Ioana NICA	ROU	07.08.1958	13.03.2016	Bucharest, ROU	Balkan masters championships	
3000m		F60	13:47.85	Semra Emine HERGULMAN	TUR	17.01.1950	02.02.2014	Istanbul, TUR	Turkish masters championships	
3000m		F65	15:29.42	Semra Emine HERGULMAN	TUR	17.01.1950	22.02.2015	Istanbul, TUR	Balkan masters championships	
3000m		F70	14:57.40	Kazimira LUZNIK	SLO	31.08.1934	17.03.2006	Linz, AUT	World masters championships	
3000m		F80	26.52.31	Kazimira LUZNIK	SLO	31.08.1934	23.02.2019	Novo Mesto, SLO	Slovenian masters championship	
3000mw		F35	13:53.91	Aggeliki MAKRI	GRE	25.09.1978	13.02.2016	Athens, GRE	Greek seniors championships	
3000mw		F40	15:24.11	Kalliopi GAVALAKI	GRE	24.12.1966	19.03.2008	Clermont Ferrand, FRA	World masters championships	

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3000mw		F45	16:31.38	Kalliopi GAVALAKI	GRE	24.12.1966	22.02.2015	Istanbul, TUR	Balkan masters championships	
3000mw		F50	15:42.11	Kalliopi GAVALAKI	GRE	24.12.1966	26.03.2019	Torun, POL	WMACI	
3000mw		F55	18:52.0	Emilia GUSAT	ROU	21.02.1943	13.01.2000	Athens, GRE	Greek masters championships	
3000mw		F60	19:47.7	Monica MOISSIDOU	GRE		18.01.1998	Athens, GRE	Greek masters championships	
3000mw		F65	21:55.62	Emilia GUSAT	ROU	21.02.1943	17.03.2008	Clermont Ferrand, FRA	World masters championships	
3000mw		F70	23:11.47	Emilia GUSAT	ROU	21.02.1943	26.03.2014	Budapest, HUN	World masters championships	
3000mw		F75	24:55.39	Mira PUHAR	SLO	17.05.1938	22.02.2015	Istanbul, TUR	Balkan masters championships	
3000mw		F80	25:34.76	Elena PAGU	ROU	25.07.1926	27.03.2009	Ancona, ITA	European masters championships	
3000mw		F85	25:57.05	Elena PAGU	ROU	25.07.1926	12.03.2016	Bucharest, ROU	Balkan masters championships	
3000mw		F90	27:25.90	Elena PAGU	ROU	25.07.1926	26.03.2019	Torun, POL	WMACI	WR
60mH		F35	8.05	Liliana NASTASE	ROU	01.08.1962	28.02.1997	Bucharest, ROU	Romanian seniors championships	
60mH		F40	8.95	Florina MARIN	ROU	05.10.1974	08.03.2015	Bucharest, ROU	Romanian masters championships	
60mH		F45	9.56	Desa GRAJL CALASAN	SLO	07.06.1970	02.04.2016	Ancona, ITA	European masters championships	
60mH		F50	10.33	Maria MOURATIDU	GRE	12.03.1967	30.03.2019	Torun, POL	WMACI	
60mH		F55	11.47	Branka GRAIC	CRO	27.07.1956	10.03.2012	Rijeka, CRO	Croatian masters championships	
60mH		F60	12.54	Kamuaran SONMEZ	TUR	15.02.1958	03.03.2019	Istanbul, TUR	BAMACI	
60mH		F65	14.25	Eleni GOUZIA	GRE	07.01.1945	17.03.2011	Gent, BEL	European masters championships	
60mH		F70	14.40	Eleni GOUZIA	GRE	07.01.1945	27.03.2015	Torun, POL	European masters championships	
LJ-i		F35	6.45	Mirela DULGHERU	ROU	05.10.1966	25.02.2001	Bucharest, ROU	Romanian seniors championships	
LJ-i		F40	5.72	Florina MARIN	ROU	05.10.1974	06.03.2016	Bucharest, ROU	Romanian municipal championships	
LJ-i		F45	5.03	Renata NOVOSEL	CRO	28.11.1967	04.03.2017	Rijeka, CRO	Croatian masters championships	
LJ-i		F50	5.22	Renata NOVOSEL	CRO	28.11.1967	09.03.2019	Zagreb, CRO	Croatian masters championships	
LJ-i		F55	3.98	Ayten BENLI	TUR	04.10.1962	24.02.2018	Istanbul, TUR	Turkish masters championships	
LJ-i		F60	3.44	Branka GRAIC	CRO	27.07.1956	11.03.2018	Belgrade, SRB	Balkan masters championships	
LJ-i		F65	3.22	Eleni GOUZIA	GRE	07.01.1945	16.03.2011	Gent, BEL	European masters championships	
LJ-i		F70	3.32	Rozka STANCHEVA	BUL	02.05.1932	22.02.2003	Sofia, BUL	Bulgarian masters championships	
LJ-i		F75	2.27	Ayse CICEK SOLON	TUR	06.04.1943	03.03.2019	Istanbul, TUR	BAMACI	
LJ-i		F80	1.82	Mira PUHAR	SLO	17.05.1938	23.02.2019	Novo Mesto, SLO	Slovenian masters championship	
TJ-i		F35	14.00	Olga BOLSHOVA	MDA	16.06.1968	02.02.2003	Espinho, POR	Portuguese seniors clubs championships	
TJ-i		F40	12.00	Biljana TOPIC	SRB	17.10.1977	10.03.2018	Belgrade, SRB	Balkan masters championships	
TJ-i		F45	10.57	Ana MRCIC	CRO	26.10.1967	03.03.2013	Zagreb, CRO	Croatian masters championships	
TJ-i		F50	9.17	Aycan KURTCAN	TUR	22.05.1968	21.12.2019	Izmir, TUR	Izmir city meeting	

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TJ-i		F55	8.58	Ayten BENLI	TUR	04.10.1962	25.02.2018	Istanbul, TUR	Turkish masters championships	
TJ-i		F60	7.18	Ayşe BABUR	TUR	01.02.1956	13.02.2016	Istanbul, TUR	Turkish masters championships	
TJ-i		F75	4.71	Mira PUHAR	SLO	17.05.1938	21.02.2015	Istanbul, TUR	Balkan masters championships	
TJ-i		F80	4.21	Mira PUHAR	SLO	17.05.1938	02.03.2019	Istanbul, TUR	BAMACI	
HJ-i		F35	1.97	Venelina VENEVA	BUL	13.06.1974	18.02.2011	Bucharest, ROU	International meeting	
HJ-i		F40	1.94	Venelina VENEVA	BUL	13.06.1974	15.02.2015	Dobrich, BUL	Bulgarian seniors championships	
HJ-i		F45	1.57	Desa GRAJL CALASAN	SLO	07.06.1970	01.04.2016	Ancona, ITA	European masters championships	
HJ-i		F45	1.57	Aycan KURTCAN	TUR	22.05.1968	21.03.2018	Madrid, ESP	European masters championships	
HJ-i		F50	150	Aycan KURTCAN	TUR	22.05.1968	24.03.2019	Torun, POL	WMACI	
HJ-i		F55	1.37	Stanka PREZEL J	SLO	26.04.1952	08.04.2012	Jyvaskyla, FIN	World masters championships	
HJ-i		F60	1.30	Stanka PREZEL J	SLO	24.04.1952	27.02.2016	Celje, SLO	Slovenian masters championships	
HJ-i		F65	1.32	Stanka PREZEL J	SLO	24.04.1952	21.03.2018	Madrid, ESP	European masters championships	
HJ-i		F70	1.13	Marjeta CAD	SLO	21.01.1948	23.02.2019	Novo Mesto, SLO	Slovenian masters championships	
HJ-i		F75	0.91	Mira PUHAR	SLO	17.05.1938	22.02.2014	Celje, SLO	Slovenian masters championships	
HJ-i		F80	0.86	Mira PUHAR	SLO	17.05.1938	02.03.2019	Istanbul, TUR	BAMACI	
PV-i		F35	4.25	Gabriela MIHALCEA	ROU	27.01.1964	18.02.1999	Athens, GRE	Balkan seniors championships	
PV-i		F40	3.45	Ivona JERKOVIC	CRO	20.09.1976	21.03.2018	Madrid, ESP	European masters championships	
PV-i		F45	2.60	Ana PECEK	SLO	13.03.1968	21.02.2015	Celje, SLO	Slovenian masters meeting	
PV-i		F50	2.50	Ana Peček	SLO	13.03.1968	23.02.2019	Novo Mesto, SLO	Slovenian masters championship	
PV-i		F55	2.20	Daniela MILITARU	ROU	02.12.1962	13.01.2018	Bucharest, ROU	Romanian seniors meeting	
SP-i		F35	20.78	Ivanka KHRISTOVA	BUL	19.11.1941	14.02.1976	Sofia, BUL	Bulgarian seniors championships	
SP-i		F40	13.90	Gorana TESANOVIC	BIH	09.05.1977	24.02.2018	Zagreb, CRO	Croatian seniors championships	
SP-i		F45	13.55	Alexandra MARGHIEVA	MDA	27.06.1959	28.03.2009	Ancona, ITA	European masters championships	
SP-i		F50	15.17	Alexandra MARGHIEVA	MDA	27.06.1959	19.03.2011	Gent, BEL	European masters championships	
SP-i		F55	14.53	Mihaela LOGHIN	ROU	01.06.1952	18.03.2011	Gent, BEL	European masters championships	
SP-i		F60	13.70	Mihaela LOGHIN	ROU	01.06.1952	23.03.2015	Torun, POL	European masters championships	
SP-i		F65	12.94	Mihaela LOGHIN	ROU	01.06.1952	11.03.2018	Belgrade, SRB	Balkan masters championships	
SP-i		F70	9.38	Penka HARALAMBIEVA	BUL	01.12.1936	18.03.2008	Clermont Ferrand, FRA	World masters championships	
SP-i		F75	7.04	Angela MINCULESCU	ROU	11.04.1935	13.03.2011	Bucharest, ROU	Romanian masters championships	
SP-i		F80	6.69	Angela MINCULESCU	ROU	11.04.1935	13.03.2016	Bucharest, ROU	Balkan masters championships	
WT-i		F35	10.56	Sabina KREBEL J	SLO	07.12.1976	22.03.2013	San Sebastian, ESP	European masters championships	

Event	Impl.	Categ	Result	Name / Surname	Country	Birth Date	Date	Location	Meeting Name	Observations
WT-i		F40	10.82	Sabina KREBEL J	SLO	07.12.1976	24.03.2017	Daegu, KOR	World masters championships	
WT-i		F50	11.65	Floarea PASCAL	ROU	06.05.1967	25.03.2019	Torun, POL	WMACI	
WT-i		F55	6.13	Magda ROILIDOU	GRE	22.11.1951	25.03.2009	Ancona, ITA	European masters championships	
WT-i		F60	13.57	Teodora ALBRECHT	ROU	08.03.1946	25.03.2009	Ancona, ITA	European masters championships	
PEN-F-i		F35	4624	Liliana NASTASE	ROU	01.08.1962	25.02.2000	Gent, BEL	European seniors championships	60mH: 8.34 / LJ: 6.20 / SP: 13.07 / HJ: 1.68 / 800m: 2:22.13
PEN-F-i		F40	4062	Florina MARIN	ROU	05.10.1974	08.03.2015	Bucharest, ROU	Romanian masters championships	60mH: 8.95 / LJ: 5.51 / SP: 11.15 / HJ: 1.45 / 800m: 2:40.74
PEN-F-i		F45	3876	Desa GRAJL CALASAN	SLO	07.06.1970	29.03.2016	Ancona, ITA	European masters championships	60mH: 9.59 / LJ: 4.88 / SP: 9.80 / HJ: 1.54 / 800m: 3:00.96
PEN-F-i		F50	2264	Daniela MILITARU	ROU	02.12.1962	12.03.2016	Bucharest, ROU	Balkan masters championships	60mH: 14.43 / LJ: 3.66 / SP: 9.42 / HJ: 1.15 / 800m: 3:31.34
PEN-F-i		F55	2867	Ayten BENLI	TUR	04.10.1962	24.03.2018	Madrid, ESP	European masters championships	60mH: 13.49 / LJ: 3.77 / SP: 7.10 / HJ: 1.27 / 800m: 3:21.88
PEN-F-i		F60	3150	Marcela PACRITA	ROU	20.06.1954	08.03.2015	Bucharest, ROU	Romanian masters championships	60mH: 12.55 / LJ: 3.40 / SP: 7.16 / HJ: 1.18 / 800m: 3:25.14
PEN-F-i		F65	2788	Eleni GOUZIA	GRE	07.01.1945	19.03.2011	Gent, BEL	European masters championships	60mH: 14.25 / LJ: 3.22 / SP: 7.23 / HJ: 1.09 / 800m: 4:21.88
PEN-F-i		F70	3165	Eleni GOUZIA	GRE	07.01.1945	27.03.2015	Torun, POL	European masters championships	60mH: 14.40 / LJ: 3.20 / SP: 7.08 / HJ: 1.06 / 800m: 4:39.89
4x200m		F35	2:06.01	Z. Yenipinar (12.10.1982), G. Guresci (22.03.1981), D. Tanaydin (27.10.1969), Z. Yildiz (01.10.1979)	TUR		02.03.2019	Istanbul, TUR	BAMACI	
4x200m		F40	2:03.30	A. Daftsou (25.9.1970)	GRE		02.03.2019	Istanbul, TUR	BAMACI	
4x200m		F45	2:00.93	T. Vranes (09.01.1973), V. Odri (24.12.1972), S. Pilipovic (02.03.1973), V. Gajic (21.04.1967)	SRB		10.03.2018	Belgrade, SRB	Balkan masters championships	
4x200m		F50	2:08.03	B. Kilic (30.11.1965), F. Anter (30.04.1965), S. Salginoglu (30.10.1964)	TUR		02.03.2019	Istanbul, TUR	BAMACI	
4x200m		F55	3:07.42	A. Vaina (08.12.1959), E. Ieronymaki (07.04.1955), A. Tsachaki (11.02.1959), M. Tzanou (22.03.1957)	GRE		10.03.2018	Belgrade, SRB	Balkan masters championships	
4x200m		F60	2:49.24	N. Cakmak (01.01.1956), A. Yildiz (29.08.1951), Y. Sevil (06.02.1957), K. Sonmez (15.02.1958)	TUR		10.03.2018	Belgrade, SRB	Balkan masters championships	